



COLONIALS CHRONICLE

PROGRAM HIGHLIGHTS

YOUTH TIER 1 - DIRECTOR BRUCE SHATEL

- 2015: Looking forward to The Cup in Buffalo this weekend. The players are developing every game.
- 2014: Headed to the CCM MLK Invite in Boston as they hit the final stretch of the season.
- 2013: Another 3 big AYHL wins this month. In the AYHL playoff mix with a strong second half. Headed to The Cup in Buffalo.
- 2012: Beat 1st place Jr Flyers in back-to-back games. Continue to battle for AYHL playoffs. Ranked #15 in US.
- 2011: Ranked #27 in US with 31-13-1 record. Tied #4 Pens Elite in Mid-Winter Classic. In AYHL playoff contention heading down the stretch.
- 2010: Hold the top spot in AYHL 14U Elite. An impressive 31-9-1 record.
- 2009: Looking for a breakthrough at the CCM MLK Invite in Boston.
- 16U - In the AYHL playoff hunt. They sit in 4th place with 5 games left.
- 18U -Fighting for the AYHL playoffs, overall 27-14-4.



AYHL ALL-STARS

FIVE NJC 18U AAA PLAYERS SELECTED



The 2025 18U All-Star Game featuring 44 players from the AYHL will take the ice at 4 p.m. on Saturday, Jan. 25 at Middletown Ice Arena. Congratulations to the five (5) Colonials selected to the White and Blue Teams: Patrick Devaney (F), Tim Edwards, (D), Jack Gerne (F), Ryan Murphy (G) and Jack Ross (F). See page 3 to read more.

18U BLUE TEAM ROSTER

F	JACKSON CHICOLA	10	NJ JR. TITANS	F	DECLAN QUINN	97	NORTH JERSEY AVALANCHE
F	ETHAN COOTS	21	PHILADELPHIA HOCKEY CLUB	F	GIOVANNI RHOADS	19	VALLEY FORGE MINUTEMEN
F	CAMERON DELEO	13	PHILADELPHIA HOCKEY CLUB	F	CHRISTIAN TOWINDO	27	NJ JR. TITANS
F	CJ DIAGOSTINO	24	DANBURY HAT TRICKS	D	TIM EDWARDS	17	NJ COLONIALS
F	MICHAEL FERRANTE	91	NORTH JERSEY AVALANCHE	D	BRADY FOUNDS	14	PHILADELPHIA JR. FLYERS
F	NIKKO JULIANO	93	LONG ISLAND ROYALS	D	NATE HMATISHON	59	PHILADELPHIA JR. FLYERS
F	EVAN KENSEY	86	PHILADELPHIA JR. FLYERS	D	NICHOLAS MAZZA	98	WASHINGTON LITTLE CAPITALS
F	CONNOR LAWRENCE	16	WB/S JR. KNIGHTS	D	PATRICK SWEENEY	43	PHILADELPHIA HOCKEY CLUB
F	MALCOLM MCKEE	34	WASHINGTON LITTLE CAPITALS	G	LUC BEAUPARLANT	92	NJ JR. TITANS
F	AIDAN PASIC	9	NORTH JERSEY AVALANCHE	G	JONATHAN GEORGIANO	30	PHILADELPHIA HOCKEY CLUB
F	DAWSON PYC	20	NJ JR. TITANS	G	DMITRI JEFFERSON	29	NORTH JERSEY AVALANCHE

18U WHITE TEAM ROSTER

F	DANIEL ALEXANDER	14	VALLEY FORGE MINUTEMEN	F	BRAYDON RUSSO	48	PHILADELPHIA LITTLE FLYERS
F	OWEN ANZILOTTI	20	WASHINGTON LITTLE CAPITALS	F	THOMAS WHITE	19	NJ DEVILS YOUTH
F	ALEJANDRO BLUM	21	PHILADELPHIA JR. FLYERS	D	CHRISTIAN BIFANO	6	ELITE HOCKEY ACADEMY
F	LACHLAN BOMMER	7	RAMAPO SAINTS	D	GABRIEL BILL	15	RAMAPO SAINTS
F	LUKE DELANEY	74	NJ JR. TITANS	D	RAFAEL CAMPO	13	NORTH JERSEY AVALANCHE
F	PATRICK DEVANEY	17	NJ COLONIALS	D	JAMES LUCOSKY	51	NJ JR. TITANS
F	JACK GERNE	5	NJ COLONIALS	D	ANGELO MASULLO	8	NJ JR. TITANS
F	BRADY LOGUE	16	PHILADELPHIA JR. FLYERS	D	VIKTOR SHARSHAPIN	76	WB/S JR. KNIGHTS
F	BLAINE NICHOLS	11	WASHINGTON LITTLE CAPITALS	G	FREDDIE JACKSON	32	PHILADELPHIA JR. FLYERS
F	LUCAS RICCARDI	33	PHILADELPHIA HOCKEY CLUB	G	JACOB JANOSKO	30	ELITE HOCKEY ACADEMY
F	JACK ROSS	4	NJ COLONIALS	G	RYAN MURPHY	77	NJ COLONIALS

PROGRAM HIGHLIGHTS (CONT)

YOUTH TIER 2 - DIRECTOR RICH McLAUGHLIN

- 10U B National is in 3rd place in the NJYHL with some big games on the horizon. They head to the Steel City Shootout in Bethlehem.
- 10U A American is 14-1-1 in the NJYHL (1st place). Some big games looming with rival New Jersey Titans and some local AA teams.
- 12U B National team is 12-2-1 in the NJYHL (2nd place). They play the Montclair Blues and Jersey City Capitals to close out the regular season.
- 14U A National is struggling in NJYHL games but will continue to work hard and improve each week. They have made big strides since the start of the season.



GIRLS - DIRECTOR EMILY JANIGA

- 8U Red & White skated in the MAWHA Winter Classic in Princeton, NJ.
- 10U Minor is in the hunt for the NJYHL playoffs and 1st in MAWHA.
- 10U Major is ranked 4th in the US with big NJYHL games this weekend.
- Good luck 12U Minor, 14U Minor, 14U Major, 16U Minor, 19U Minor and 19U Major as they head out to the CCM MLK Invite in Boston.
- 12U Major host the NJ Dare Devils in a community outreach event on Sunday at Twin Oaks Ice Rink.
- 16U Major continues to challenge with high level non-league games.
- 19U Major Senior Night is January 25, 2025 @ Mennen when they host the CT Polar Bears.



8U & ADM - DIRECTOR JOHN PHILLIPS

- 8U Gold looks to continue to develop the 2016's for 10U next season.
- 8U Silver has a good mix of NJYHL and non-league competition.
- 8U Bronze cranked the fun quotient way up in the High Five tunnel before the NHL Devils beat Tampa Bay 3-2 in OT on Saturday, January 11, 2025.



ALL-GIRLS LTP

STARTS FEBRUARY 16, 2025 @ MENNEN

Open to girls only, up to age 9.

NJC coaches and 19U players help run the sessions!

First timers receive hockey gear from head to toe.

Registration link or scan QR code:

<https://ltpdevils.leagueapps.com/events/4386218-all-girls-learn-to-play--mennen-arena-with-nj-colonials>



ALL-GIRLS LEARN TO PLAY

PRESENTED BY **RWJBarnabas HEALTH**

REGISTER TODAY!

MENNEN SPORTS ARENA
161 E HANOVER AVE, MORRIS TWP, NJ 07950

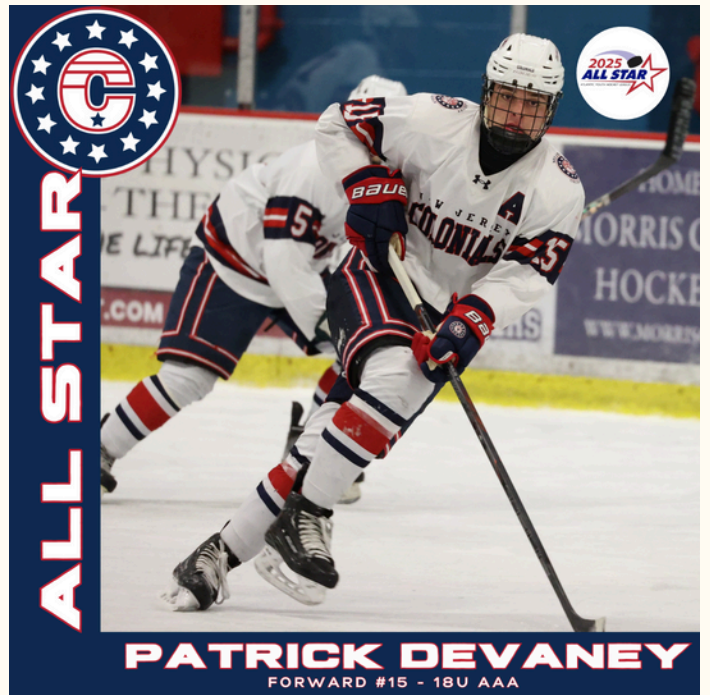
- 2/16/25 (SUN) @ 6:15-7:15PM
- 2/23/25 (SUN) @ 6:15-7:15PM
- 3/2/25 (SUN) @ 6:15-7:15PM
- 3/5/25 (WED) @ 6:15-7:15PM
- 3/12/25 (WED) @ 6:15-7:15PM
- 3/16/25 (SUN) @ 6:15-7:15PM

SCAN ME

AYHL ALL-STARS

The Colonials 18U AAA team is holding strong in the top Premier Division. Every player contributes to the teams' success and the following five were recognized for their stellar play in the 2024-25 season.

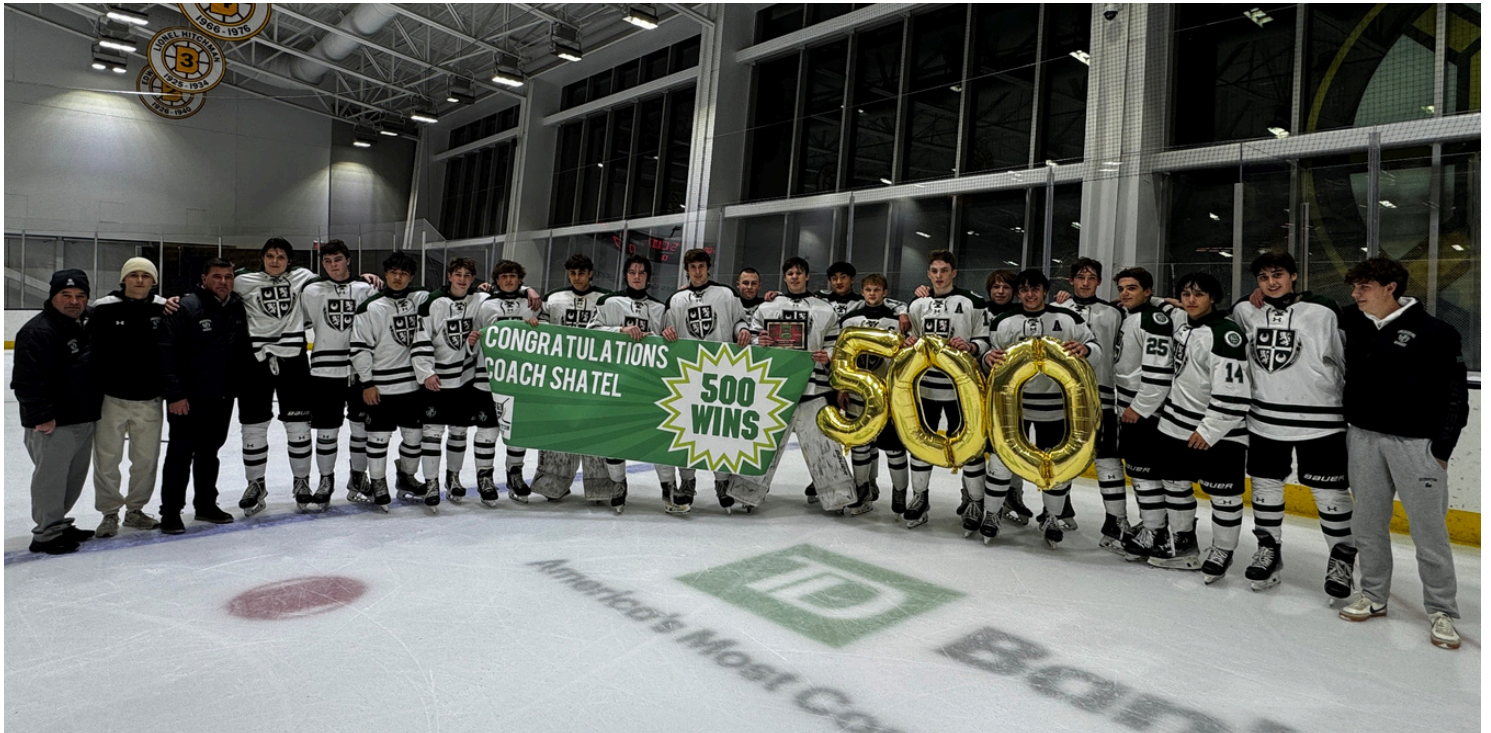
- Patrick Devaney is an alternate captain and plays HS hockey for West Essex.
- Jack Ross and Jack Gerne serve as co-captains and play for Delbarton School.
- Timothy Edwards is also an alternate captain who attends Fordham Prep.
- Netminder Ryan Murphy hails from Nazareth, PA and is in his 4th season with the Colonials.



COACH BRUCE SHATEL WINS #500

NJC EXECUTIVE DIRECTOR ACHIEVES MILESTONE WITH DELBARTON

Congratulations NJC Executive Director and 13 Pure 2011 AAA Head Coach, Bruce Shatel! He earned his 500th win with Delbarton School Varsity Ice Hockey on December 28, 2024. Delbarton beat Catholic Memorial (MA) 4-0 at the Bill Hanson Tournament in Boston. What an amazing accomplishment.



COLLEGE COMMITMENT

Congratulations to NJC 19U Major forward, Julie Jasaitis, on her commitment to play NCAA D3 hockey at Colby College.

Julie Jasaitis #67
Class of 2025
Colby College
NCAA Division III

COLBY **NCAA**

COMMITTED

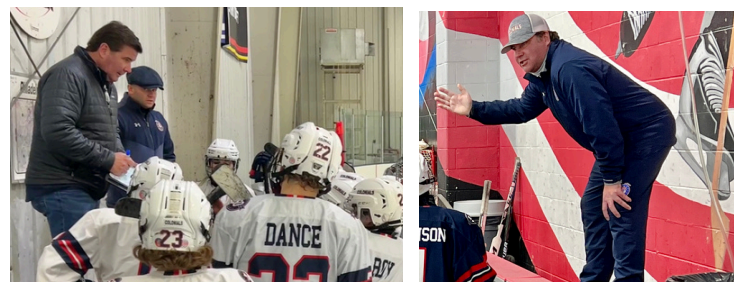
CONGRATULATIONS

DELBARTON HOCKEY

500 WINS

BRUCE SHATEL

COACH BRUCE SHATEL
DELBARTON SCHOOL



19U MAJOR AAA SENIOR NIGHT

Come out to Mennen Arena on Saturday, January 25, 2025 @ 6:30 PM to cheer on the 19U Major team against the CT Polar Bears. A special pre-game ceremony will honor graduating players.

19U MAJOR SENIOR NIGHT

COME OUT AND SUPPORT OUR CLASS OF 2025

#21 ALEXIS OLIVEIRA	#27 KITTY WILLIAMS*
#22 ASHLEY CHEVESTICK	#19 LAUREN PENNINO
#77 AVA ZEUNER	#86 LUCY SHEEHAN
#12 BILLI ROMAN	#24 MADDIE MORRIS
#20 GABRIELA ZANGARI	#83 NATALYA GORIVODSKY
#44 HANNA NEWMAN	#96 SASHA WEINER
#67 JULIE JASAITIS	#18 SOFIA POLIZZI

JANUARY 25TH 6:30PM
MENNEN ARENA RINK 3
*2024 POST GRAD

NJC 19 MAJOR - VS - CT POLAR BEARS



COMMUNITY SERVICE SPOTLIGHT

GIRLS 14U MAJOR JOIN MONARCHS SPECIAL HOCKEY ON THE ICE

Girls 14U Major were honored to join the Monarchs special needs hockey program during their holiday party on December 10, 2024 at Montclair State University Ice Arena. The teams ran a combined practice and holiday party. The first half included cross-ice hockey and learn-to-skate with Monarch players matched up with Colonials players. The second half brought out lots of fun with free skate and special guest, Santa, hitting the ice!

The Monarchs (<http://www.monarchs.us/>) are organized to enable participation in on-ice sports regardless of intellectual or physical disability. -- Coach Brooke Avery



WINTER FUN @ PRUDENTIAL CENTER

TEAMS ENJOY VIP ACCESS AT NHL DEVILS & PWHL SIRENS GAMES

Several Colonials teams had special nights at the Prudential Center. Teams were given access to NHL and PWHL players, on-ice experiences and more.

- 8U Red & 8U White played an intermission intrasquad game at the PWHL New York Sirens/Minnesota Frost game on December 22, 2024. The Sirens lost 3-4 in the shootout but exacted revenge with a 5-0 W on January 4 in Minnesota.
- 8U Bronze and their families were able fist bump with the NHL Devils as they walked through the High Five Tunnel before warm-ups. They also enjoyed some scoreboard screen time during the game. The Devils won a thriller in OT, 3-2, over the Tampa Bay Lightning on January 11, 2025.
- 10U Major served as Bench Buddies during warm-ups before the PWHL Sirens 1-0 OT win over the Toronto Sceptres. In addition to meeting and seeing NJC Alum, Alex Carpenter, they garnered some scoreboard screen time as well.
- 16U Major goalie, Emma Acomb, received the special honor of sounding the siren before the third period of the Sirens/Sceptres game. She got the crowd pumped for a thrilling finish.



COACH'S CORNER

EVERYTHING COUNTS, BUT NOTHING MATTERS (EXCEPT FOR COMPETE-LEARN-HONOR)

Dr. Peter C Scales, November 2024 - <https://www.nays.org/everything-counts-but-nothing-matters-except-for-compete-learn-honor>

As a tennis coach, I often change up scoring rules, in and out boundaries, how many serves or returns are allowed, who plays with whom in doubles, etc., to create appropriate pressure and challenge during our pre-interscholastic competition. Invariably, in reaction to the strange changes someone will ask, "Do these results count?" And invariably, I respond that, yes, everything counts!

And the difficult corollary for many to understand is that, although every competition counts in your ranking, none of the winning and losing is what ultimately matters. Yes, if you win more than everyone else, you'll be #1, so these results clearly do matter in the short run.

But what matters in the long arc of your life as a player and a person is that you competed with 100% effort and with no excuses, you were an open, curious, and humble learner, and by how you acted, you brought credit to yourself, team, opponents, and the game. And the wins and losses happened and you learned from them, but without obsessing about them.

TRUTH BENDING

My saying "nothing matters" is both poetic license and coach license to bend the truth a little to get our students to step back and question the wisdom of placing winning on the highest pedestal.

Of course, whether we win or lose matters. As a competitor, you have to want to win—wanting to win is fine, and healthy. And winning is usually more enjoyable than losing, sure. But if you have to win to be ok with yourself and satisfied with your ongoing evolution as a player and a person, if winning matters that much for your life happiness and self-esteem, then we have a problem. You are going to be miserable much of the time, not just when you lose (which most of us do a good percentage of the time) but miserable even if you win but not in as dominating a way as you imagined you should (all of us pros and coaches have seen that dynamic at work, too!).

So the mindset I want is the somewhat contradictory "Everything counts, but nothing matters (except for Compete-Learn-Honor)." It helps them appreciate, over time (this insight doesn't come instantly), that they need to give their all in everything they do, but whether they won or lost doesn't really matter, what other people think about their performance doesn't really matter. It might matter in that quick moment, sure—we're all human, after all. But we can teach our players to not give that one fleeting moment of outcome so much weight.

What matters and will last far beyond brief moments is this: Were your players honorable, did they give the best they had without making excuses, did they keep learning from it all, and did they enjoy the ride, most of the time? Over the course of a few months (a season, a few tournaments), if you can help them answer "yes" to those questions, then I can guarantee they will improve and put themselves in position to win more often, and they probably also will have more fun, than if winning was the most important thing to them.

LESSONS IN LEADERSHIP

"Being a leader doesn't mean you have to win. It means playing with total commitment and focus, total energy, total smartness, total communication with your teammates, total positivity, totally loving the challenge of trying to solve the puzzles and problems of the game, without your ego or your fears getting in the way. All of that. That is giving it your all. Anything less is not giving it your all.

You give it your all like that, then it doesn't matter if you win or lose. You have shown yourself to be winners, and leaders, regardless of the outcome. That's the freedom that giving your all gives you. Give it your all with no excuses. If the other team wins, fine. They were better than you that day. Learn from it and move on. No excuses. Just learn.

The satisfaction you will have forever is not about the wins and losses--you'll forget about most of those pretty quickly--but about how fully you gave yourself to trying to compete at your very best, and feeling joy in that opportunity and challenge, win or lose."

So, teach this contradictory Zen of sports competition: "Everything counts, but nothing matters (except Compete-Learn-Honor)." They'll probably play better and have more fun as a result.

2025-26 PRE-TRYOUT CLINICS

STAY SHARP SKATES AT MENNEN SPORTS ARENA

Prepare for next season by attending skates at our home rink. Keep up with your conditioning and skills!

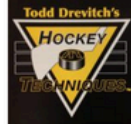
**PREP POWER
BOYS AAA
ALL BIRTH YEARS**



MENNEN SPORTS ARENA

[VISIT PREP POWER WEBSITE](#)

**HOCKEY TECHNIQUES
BOYS AA/A AND GIRLS
14U, 12U, 10U & 8U**



MENNEN SPORTS ARENA

[VISIT HOCKEY TECHNIQUES WEBSITE](#)

**HEAT
GIRLS ONLY
ALL AGE GROUPS**



MENNEN SPORTS ARENA

[VISIT HEAT WEBSITE](#)

2025-26 TRYOUT INFORMATION

REGISTRATION AND INFORMATION COMING SOON!

The Colonials will open registration and release information the end of January/early February. Check the NJC website and social media for updates.

SAVE THE DATES, NJC TRYOUTS @ MENNEN SPORTS ARENA

Tuesday, March 18 & Wednesday, March 19 = Youth Tier 1 (2016, 2015, 2014, 2013 birth years)

Tuesday, March 18 & Wednesday, March 19 = Girls Tier 1 (10U/12U)

Wednesday, March 19 & Thursday, March 20 = Girls Tier 2 (8U/10U/12U)

Monday, March 24 & Tuesday, March 25 = Youth Tier 2 (8U/10U/12U)

Tuesday, April 8 & Wednesday, April 9 = Youth Tier 1 (2012, 2011, 2010, 16U, 18U)

Tuesday, April 8 & Wednesday, April 9 = Girls Tier 1 (14U, 16U, 19U)

Monday, April 14 & Tuesday, April 15 = Youth Tier 2 (14U, 16U, 18U)

Monday, April 14 & Tuesday, April 15 = Girls Tier 2 (14U, 16U, 18U)

2025-26 COACH ANNOUNCEMENT

25-26 COACH ANNOUNCEMENT - YOUTH TIER 1

MARCELLO DeANGELIS
15 PURE AAA 2010 HEAD COACH



CEP Level 5

Coaching Experience:

- New Jersey Colonials
- North Park Youth Hockey

Playing Experience:

- University of Delaware (ACHA D1)
- Providence College (NCAA D1)
- The Hill School
- Seton Hall Prep
- NJ Devils Youth/NJ Rockets (AAA)

Marcello DeAngelis grew up playing hockey in New Jersey, heading to Nationals with Devils Youth at 16U.

Coach Marcello works to make his players better each and every day. He brings a wealth of experience, skill development, technique, and a passion for winning. His teams have won various league titles.

MARCELLO DeANGELIS YOUTH TIER 1 15 PURE 2010 AAA

In our first coach announcement for next season, the New Jersey Colonials are thrilled that Marcello DeAngelis will return in 2025-26 as head coach of the 15 Pure 2010 AAA team!

So far in the 2024-25 season, he has guided 2010 AAA to a 31-9-1 record and 1st place in the AYHL Elite Division.

We look forward to his continued success and player development with NJC.

VISIT THE NJC SIDELINE STORE

Mens Womens Kids Accessories New Shop by Design

Spend \$75 & Save 20% | 72-Hours Only. Ends 10/18 | Code: **FLASH20** Exclusions Apply







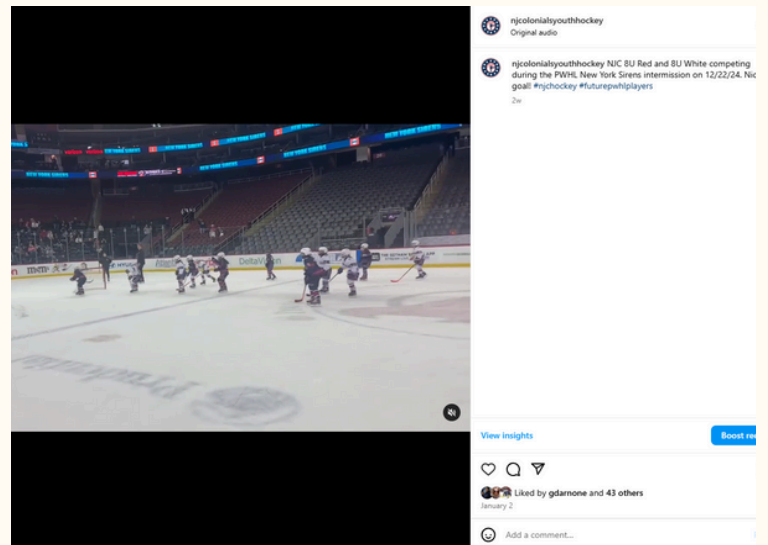
CLICK ON IMAGE OR VISIT: [HTTPS://SIDELINE.BSNSPORTS.COM/SCHOOLS/NEW_JERSEY/FLORHAMPARK/NEW-JERSEY-COLONIALS-HOCKEY-ASSOCIATION/](https://sideline.bsnsports.com/schools/new-jersey/florhampark/new-jersey-colonials-hockey-association/)

NJC SOCIAL MEDIA CHANNELS

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The New Jersey Colonials love to feature news about teams, players, alumni and coaches.

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Send all pictures and post info to: socialmedia@colonialshockey.org.

CONTACT US TODAY

HAVE ANY QUESTIONS ABOUT NJC?

Questions or concerns about your team, schedule or something else?

Send an email today.

[CLICK HERE FOR NJC CONTACTS](mailto:info@colonialshockey.org)

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